



Clean Times News

Temecula - Hemet - Lake Elsinore - Murrieta - Morongo -
Banning - San Jacinto - Canyon Lake - Idyllwild - Anza

March 2026

Southwest Area of Narcotics
Anonymous

NA Never Alone

Help Hotline: (951)-652-5326

**Solid Recovery: Stories and articles
to enhance our well-being**

Please text your birthdays,
stories, or ideas to Angela S. at
(951)-526-6260

Clean Time Celebrations:

Congratulations to all of you!

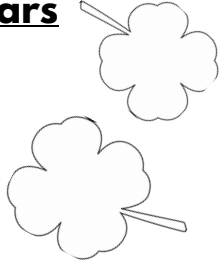
Darrell O. 3 Years

Lisa C. 10 Years

Desiree R. 14 Years

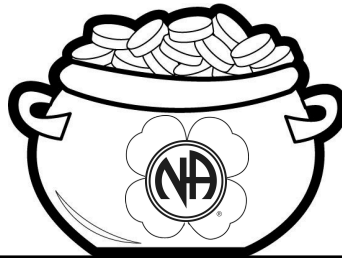
Stacy P-S. 19 Years

Please pray for our brother Gabriel L. Pray for
his recovery and for his family. Thank you.



**N.A. Basic Text Pg. 86
“We do Recover”**

Recovery begins with
surrender. From that point,
each of us is reminded that
a day clean is a day won.
In Narcotics Anonymous
our attitudes, thoughts and
reactions change. We come
to realize that we are not
alien and begin to
understand and accept
who we are.



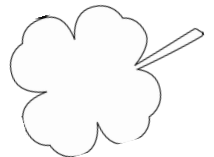
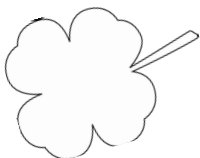
**N.A. Basic Text Pg. 22
“How It Works”**

When we admit our
powerlessness and
inability to manage our
own lives, we open the
door for a Power greater
than ourselves to help us. it
is not where we were that
counts, but where we are
going.

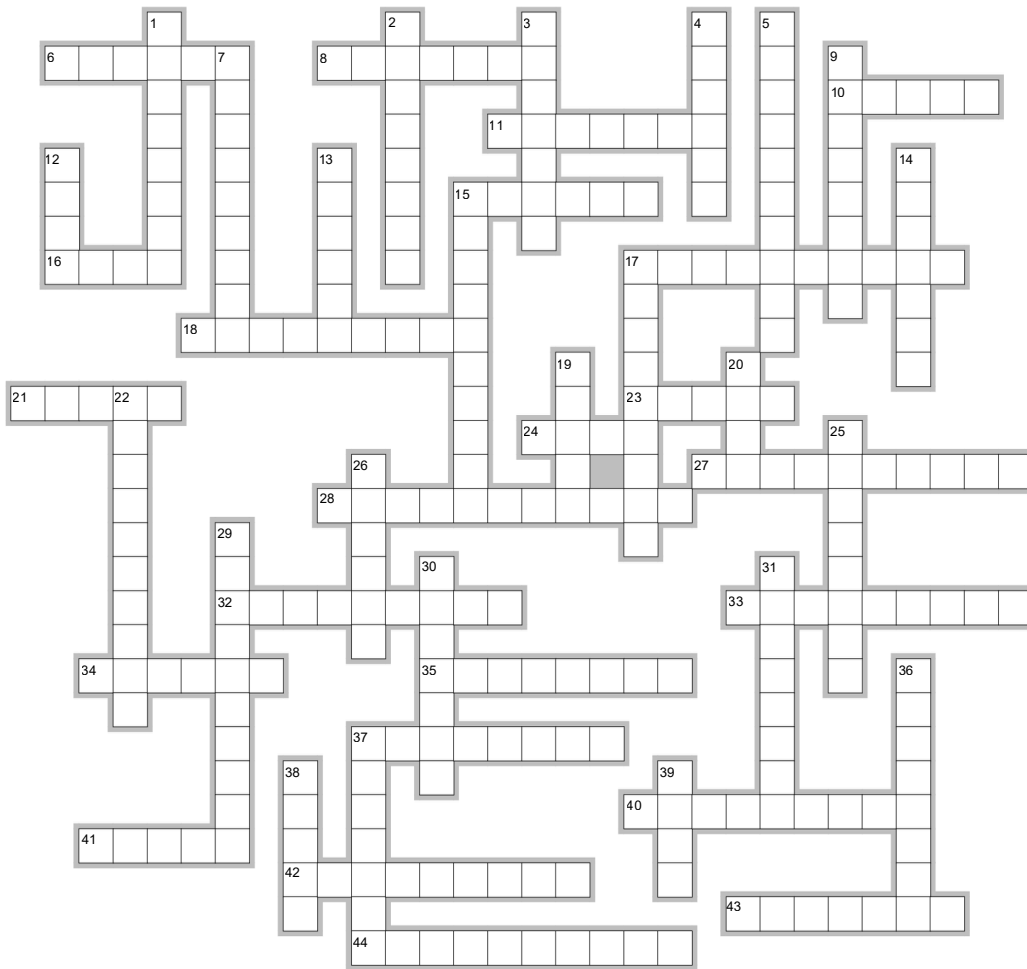
**N.A. Basic Text Pg. 60
“The Twelve Traditions Of
Narcotics Anonymous”**

We must live and work
together as a group to
ensure that in a storm our
ship does not sink and our
members do not perish.
With faith in a Power
greater than ourselves,
hard work, and unity we
will survive and continue
to carry the message to the
addict who still suffers.

**Activities is looking for volunteers. We meet the
1st Saturday of the month at 26824 Cherry Hills
Blvd. Sun City 92586 at 10am. See you at the
next meeting April 4th.**



48 MUSTS OF THE BASIC TEXT



EclipseCrossword.com

Down

1. "We MUST _____ what was done to us from what we did to others." - pg. 37
2. "Our Sixth Tradition tells us some of the things we MUST do to _____ and protect our primary purpose." - pg. 66
3. "We MUST realize that we are not _____." - pg. 35
4. "We MUST carefully choose the _____ who is to hear our fifth step. We MUST make sure that they know what we are doing and why we are doing it." - pg. 31
5. It is said that for _____ to be of _____ value, the results MUST show in our daily lives." - pg. 46
7. "We MUST totally _____ ourselves to the program." - pg. 81
9. "If we have _____, it is important to keep in mind that we MUST get back to meetings as soon as possible." - pg. 80.
12. "We MUST, use what we learn or we will lose it, no matter how _____ we have been clean." - pg. 82
13. "Our experience tells us that we MUST become willing _____ this step will have any effect." - pg. 36
14. "We MUST give up this old _____ and face the fact that reality and life go on, whether we choose to accept them or not." - pg. 53
15. "An _____ of recovery in our groups is one of the most valued assets, and we MUST guard it carefully, lest we lose it to politics and personalities." - pg. 61
17. "We are people with the disease of _____ who MUST abstain from all drugs in order to

recover." - pg. 18

19. "When we are prepared, we MUST try out our newly found way of life. We learn -the program won't work when we try to _____ it to our life. We MUST learn to _____ our life to the program." -pg 55
20. "We MUST remember the _____ that they have known." - pg. 40
22. "A second admission MUST be made before our _____ is complete." pg. 21 Explanation: It is not enough to admit that we are powerless over drugs, we MUST also admit that our lives had become unmanageable.
25. "We MUST face our _____ and our feelings." - pg. 15
26. "Eventually we are shown that we MUST get _____ or we will use again." - pg. 82
29. "We MUST give freely and _____ that which has been freely and _____ given to us." - pg. 47
30. "Assets MUST also be considered, if we are to get an accurate and complete _____ of ourselves." - pg. 28
31. "We MUST live and work _____ as a group to ensure that in a storm our ship does not sink and our members do not perish." -pg.60
36. "We MUST smash the _____ that we can do it alone." - pg. 82
37. "We MUST relearn many things that we have forgotten and develop a new approach to life if we are to _____." - pg. 77
38. "Staying clean MUST always come _____." - pg. 82
39. "We MUST use what we learn or we will _____ it in a relapse." - pg. 81

Across

6. "Somethings we MUST accept, _____ we canchange." - pg. 92
8. "Everything that occurs in the course of N.A. _____ MUST be motivated by the desire to more successfully carry the message of recovery to the addict who still suffers." - pg. XVI
10. "We MUST be _____." - pg. 32
11. "We MUST remember that _____ have been placed in trust that we are trusted servants, and that at no time do any of us govern." - pg. 61
15. "Some things we MUST _____, others we can change." - pg. 92
16. "In order to receive we MUST be willing to _____." . pg 102
17. "Our disease involved much more than just using drugs, so our recovery MUST involve much more than simple _____" - pg- 53
18. "No matter how painful life's _____ can be for us, one thing is clear we MUST not use no matter what!" -pg.98
21. "To improve ourselves takes effort and since there is no way in the world to _____ a new idea on a closed mind, an opening MUST be made somehow." - pg. 75
23. "Recovery found in Narcotics Anonymous MUST come from within, and no one stays _____ for anyone but themselves." - pg. 80
24. "We MUST be done with the _____ and not cling to it." - pg. 28
27. "When we feel the old urges come over us, we think there MUST be something wrong with us, and that other people in Narcotics Anonymous couldn't possibly _____" - pg. 79
28. "We MUST always remember that as individual members, groups, and service committees we are not and should never be in _____ with each other." pg. XVI
32. "Although He already knows, the _____ MUST come from our own lips to be truly effective. Step five is not simply a reading of step four." - pg. 31
33. "We realize we MUST do _____." - pg.78
34. "We MUST first understand what N.A. is. Narcotics Anonymous is addicts who have the desire to stop using, and have _____ together to do so." - pg. 70
35. "As with each step we MUST, be _____." -pg. 38
37. "We never know when the time will come when we MUST put forth all the effort and _____ we have just to stay clean." - pg. 93
40. "We come here _____ and the power that we seek comes to us through other people in Narcotics Anonymous, but we MUST reach out for it." - pg. 79
41. "_____ is a MUST in Narcotics Anonymous." - pg. 60
42. "In order to achieve our _____ aim, Narcotics Anonymous MUST be known and respected." - pg. 71
43. "We MUST be _____ to do whatever is necessary to recover." - pg. 93
44. "We MUST be constantly on guard that our decisions are truly an _____ of God's will." - pg. 61

-by Upper Cumberland N.A.