



Clean Times News

Temecula - Hemet - Lake Elsinore - Murrieta - Morongo -
Banning - San Jacinto - Canyon Lake - Idyllwild - Anza

December 2025

Southwest Area of Narcotics Anonymous

NA Never Alone

Help Hotline: (951)-652-5326

**Solid Recovery: Stories and articles
to enhance our well-being**



Clean Time Celebrations:

Congratulations to all of you!

 Thomas M. 1 Year

 Allie M. 1 Year

 Debbie 2 Years


 Megan L. 2 Years


 Anthony M. 3 Years

 Melissa M. 4 Years

 Susan W. 7 Years

 Emalee M. 17 Years

 Chris G. 32 Years

 Glen J. 38 Years



Hello Southwest Area Narcotics Anonymous members!

November 22nd, The SWANA Activities committee held their annual Day of Gratitude. If you went, I'm sure that you were able to connect with many of your N.A. friends. If you were unable to attend this year's event, Please join us to celebrate the upcoming 12 Days of N.A. on December 12th and runs nightly thru December 23rd! Check out the flyer at your local meeting or Southwest Areas's website Facebook page! There will be meetings, potlucks, and fun each night. Day of Gratitude included raffles, a baked good auction, N.A. merchandise, a 50/50 drawing, potluck, and two Amazing speakers!

Both shares were inspiring. Thank you, Josh C. and Charles T. for being apart of our event! The SWANA Activities committee would like to thank the many people who volunteered during this event. It would not have been possible without you! We also wanted to thank those who donated gift baskets: "Just for Today" in Canyon Lake, "By the Lake" Lake Elsinore, "The Streets to the Seats" Hemet, Joel B., Sean A., N.A. Region, the Claman family, Southwest Area's Public Relations committee, "New Hope" Canyon Lake, "Saturday Night Live" Hemet, Terri, Heather, Chemaica, Chuck T., "Talking Feather" Banning, & "It Doesn't Happen Overnight" Temecula! The Activities committee meets on the first Saturday of every month at the Sun City Family restaurant (26824 Cherry Hills Blvd. Sun City 92586) at 10 AM. Please consider joining us on January 3rd. There is no clean time requirement to be on the activities committee as a member. All are welcome! Let's create an atmosphere of unity in our area where we can recover together and where no addict ever need die to this disease!

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 Southwest Area Activities Committee 2025

**Good morning to a beautiful life.
Today the world feels softer,
brighter, like the sun finally learned
my name. There was a time I
couldn't see any of this— the colors,
the calm, the way the wind whispers
hope into a brand-new day.**

**But being clean opened my eyes to a
world I forgot existed.**

**A world where the sky is wide,
where my heart can breathe,
where gratitude hits deeper than
pain ever did.**

**Life looks different now— sharper,
gentler, honest.**

**I can feel the beauty in the small
things:**

**the morning air, the quiet peace,
the simple miracle of waking up
free.**

**And today, just like every day, I'm
grateful I get to see it all
with clear eyes and a clean soul.**

**Good morning to life—
and to the man I'm finally becoming.**

Darrell G.

**I had heard of tools before, but had
never used one, so out I went, looking
for tools. I found a Skil saw
and thought to myself, "a power tool!
Ha ha, watch them laugh at me now!**

**With this circular saw, I will
have all of the power to hang boards
with ease!" And so I began to pound
nails into my boards with my
new power tool. At first, it was very
difficult, I would cut my hand on the
blade, smash the board with
the side of the saw. I bent a lot of nails,
but eventually, I got another board
hung on the wall. It only took
me 4 hours to hang a board with my
new power tool. I was so excited. I**

**found the secret to success. I
was so proud of my achievement that I
hurried to get more boards hung.**

**Many cuts and many bruises
later I had hung four more boards. I
couldn't wait to show the world how I
was finally getting it.**

**I showed a few people my
accomplishment. Again, they laughed,
"how come you only have five boards
up?", "You said that you worked all
week on this, I can get 30 boards done
in a day, and you only have
five after a week!" Again, I was
humiliated.**

(Pt 2. To Be Continued) -By Gabriel L

**Descendantly were placed here we may not know the exact nature of why
we have the designed life but we go through the day we see the sun we
see the moon and yet we still don't understand how the Galaxy is formed
and how we live on this Earth as humans, as hours go by we wonder in
time how do we get this far but truly we have no answer and for that we
believe and and only our belief is our faith and that keeps us alive. Amen**

Nicole B.