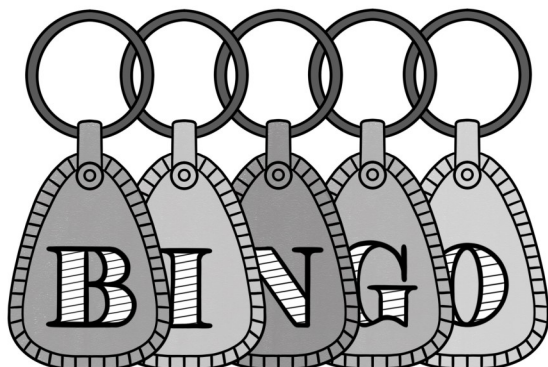


WINNER WINNER Chicken DINNER

January 18th ,2020
5pm-10pm
32665 Haddock St.
Winchester CA 92596

\$10.00



After every two games, each subcommittee will talk for a few minutes about what they do and share how you can continue to be of service to our area and the fellowship of Narcotics Anonymous.

More info call:
Jason 951-443-6155
Christina 951-443-6155

Dinner includes:

fried chicken - 2 sides - a drink
10 games of BINGO
9 Regular Games
1 Blackout Game
additional cards \$1.00 each
no limit to bingo cards played

PRIZES for WINNERS

JO W. 1/03/92
KELSEY M. 1/02/11
DAN H. 1/02/12
HANNAH F. 1/03/18
ALAN D. 1/05/88
VINCE R. 1/07/76
DANA S. 1/19/09



CODY C. 1/13/17
TERESA 1/13/17
CAREY C. 1/14/17
MARCUS P. 1/31/07
PHIL C. 1/02/99
JODI C. 1/12/16
HILLARY O. 1/14/18

RECOVERY IS NO JOKE Comedy Show feat. "Bob Perkell and Friends"

General Tickets Are \$15.00 (Tickets sold At the door will be \$20.00)

Saturday March 14th ,2020 - 8PM - doors open At 7:30PM
Murrieta Community Center - 41810 Juniper St. Murrieta, CA 92596



CLEAN TIMES JANUARY 2020

SOUTHWEST AREA OF NARCOTICS ANONYMOUS NEWSLETTER
WWW.CIRNA.ORG - SWANACLEANTIMES@GMAIL.COM - WWW.NA.ORG

NEW YEAR, BETTER US

Same Program - Same Message - Stronger Foundation

Tradition One states that "Our common welfare should come first; personal recovery depends on NA unity." The mainstream New Year's resolution of *New Year, New Me* applies here. Chapter Six of our Sixth Edition Basic Text reminds us of our purpose in Narcotics Anonymous:

"We must live and work together as a group to ensure that in a storm our ship does not sink and our members do not perish. With faith in a Power greater than ourselves, hard work, and unity we will survive and continue to carry the message to the addict who still suffers."

The Preface to the Sixth Edition lets the fellowship know that we will continue to transform into the people we were always meant to be, despite of what everyone else thinks.

"It would be impossible to list all of the ways in which the face of NA has changed over the years, and this new edition doesn't pretend to be a mirror, reflecting back a perfect image of our membership. But it does aim to represent the richness of our differences as well as it can. The Basic Text already tells us that any addict is welcome in NA regardless of what we look like, how old we are, and what kind of spiritual beliefs we hold. "Addiction is a disease that does not discriminate, and neither does the program of NA. Admittedly there is a stereotype of the "typical" candidate for NA—urban, criminal, a needle-user—and that narrow vision does describe some of us, but we are also professionals, and parents,

STEP ONE (see page 4)

"We admitted we were powerless over our addiction and that our lives have become unmanageable."

and students, and so on, living in cities, small towns, and rural communities in countries all over the world. We can only hope to gesture at our diversity in the space of one book. Even our name itself, Narcotics Anonymous, may not fully describe our membership. Addiction has nothing to do with where we come from or the specific substances we used. Our members come from every walk of life. We are not contained within political or geographic boundaries, nor are we limited by any individual differences in faith or philosophy. No matter what conflicts are unfolding in the world at large, we aspire to an ideal of unity: Our common welfare should come first. Our text explains that this unity of purpose helps us "to achieve the true spirit of anonymity" where all of us are equal as members of the group. With that as our foundation, we as individual recovering addicts are each able to find our own distinct voice and to sing a song that is uniquely ours."

Our vision, as a fellowship, has grown and strengthened because "our gratitude speaks when we care and when we share the NA way."

CLEAN PUZZLES!

Word Search (page 5)

Sudoku (page 6)

OUR VOICE IS HEARD!

CIRNA Made Motion 14

in the 2020 CAR (see pages 2-3)

Our Voice Is Heard!

CIRNA Made Motion 14 in The 2020 CAR

Our area is a part of the California Inland Region of Narcotics Anonymous. As described in *A Guide to Local Services in Narcotics Anonymous*, the "regional service committees exist to pool the experience and resources of the areas and groups it serves. The RSC is composed of regional committee members (RCMs) elected by the region's member-areas; these RCMs usually elect regional committee officers from among themselves. RSCs organize regional assemblies at which GSRs and RCMs discuss a wide range of service matters, including those likely to come before the World Service Conference."

Now, every two years, Narcotics Anonymous releases the 'Conference Agenda Report' (CAR). World Services states that in NA, "our members make the decisions about where we want to focus our efforts and invest our resources—not just financial, but also personal time and energy. A planning process helps us budget our time and money carefully and make more responsible decisions about investing those resources."

The region that our area is a part of submitted a motion that made it's way into this years report; a report viewed by the fellowship ... ALL OVER THE WORLD!

Our motion is to place an 8-year moratorium on the creation of new English

language recovery literature after World Service Conference (WSC) 2020 to WSC 2028, excluding any literature projects already in development. The intent is To allow time and potentially free up resources for foreign language literature translation and production.

Published directly in the report, our Region's 'Rationale' is as follows: "A moratorium would allow international NA communities time to complete translations of our basic text and other lifesaving literature and hopefully allow the funds typically used for English language literature development to be re-directed toward supporting international translation efforts. Imagine struggling to read our lifesaving message in a language you may not read well, or at all.

We are a global fellowship and it is time to redouble our efforts to make our message available globally."

The WSC responds to motions in every CAR, giving a point of view from that level of service structure.

World Board's response to the motion: "We share the desire to make our literature more accessible to addicts around the world. We look forward to a day when "every addict

in the world has a chance to experience our message in his or her own language and culture." We publish in more than 55 languages today. The literature list included in Addendum F of this CAR is testimony to the hard work of so many members and World Services' Services' dedication to translations.

This motion, however, would not free



Tell yourself:

Just for today my thoughts will be on my recovery, living and enjoying life without the use of drugs.

Just for today I will have faith in someone in NA who believes in me and wants to help me in my recovery.

Just for today I will have a program. I will try to follow it to the best of my ability.

Just for today through NA I will try to get a better perspective on my life.

Just for today I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

First Concept

Twelve Concepts for NA Service, na.org



"To fulfill our fellowship's primary purpose, the NA groups have joined together to create a structure which develops, coordinates, and maintains services on behalf of NA as a whole."

The primary responsibility of an NA group is to conduct its recovery meetings, carrying the message directly to the addict who still suffers. Groups join their strength in the service structure, ensuring that other services—H&I, PI, literature development, for example—are fulfilled effectively and without distracting the groups from their own primary purpose.

NARCOTICS ANONYMOUS

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O	N				A			O
A		M				S		
O	N				Y		A	
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		Y		O		M		S
N				Y	M		N	
	O	O					N	Y

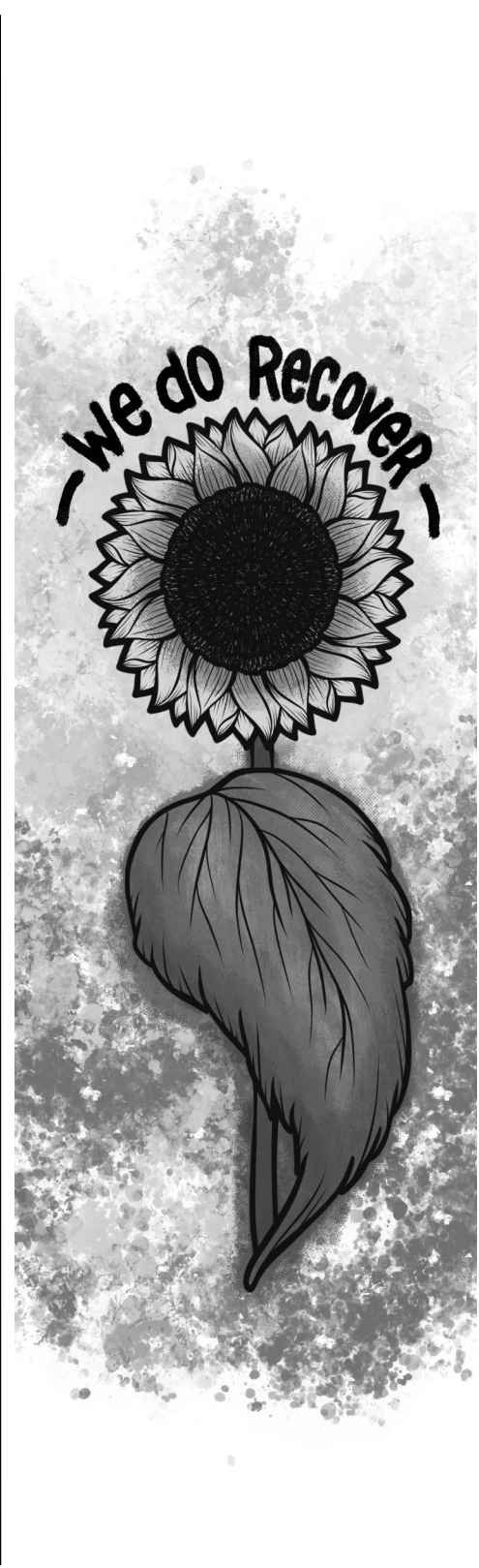
up resources for translations or production. These efforts— English-language literature production and translations and production of "foreign" language material— are unrelated. The motion would not achieve what it intends to accomplish.

NA translations work is coordinated among a local translation committee (LTC) made up of committed members who are native speakers, NAWS staff, and contracted professionals. In most cases, we use the professional translator as a proofreader and copyeditor to go over the LTC's work. In some cases, a professional will also do some of the initial translations if the LTC is not able to. But it is critical that local members be involved to ensure that the language rings true to NA experience. LTC service is time-consuming and requires both skill and dedication. It takes a great deal of resources to produce translated literature, but the scarcest resource is actually human, particularly local LTC members."

Being in Narcotics Anonymous, our purpose is to continue to carry the message to addict who still suffers; that's being in service. The Conference Agenda Report is our international discussion board to maintain that purpose. To get more involved with service and learn about the CAR, attend your homegroup's business meeting this month and become the voice that maintains our message that -



"an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom."



Step One

"Unemployability, dereliction and destruction are easily seen as characteristics of an **unmanageable** life. Our families generally are disappointed, baffled and confused by our actions and often desert or disown us. Becoming employed, socially acceptable and **reunited** with our families does not make our lives manageable. Social **acceptability** does not equal recovery.

We have found that we had no **choice** except to completely **change** our old ways of thinking or go back to using. When we give our best, it works for us as it has worked for others. When we could no longer stand our old ways, we began to change. From that point forward, we began to see that every clean day is a successful day, no matter what happens. **Surrender** means not having to fight anymore. We **accept** our **addiction** and live the way it is. We become **willing** to do whatever is necessary to stay **clean**, even the things we don't like doing.

Until we took **Step One**, we were full of **fear** and doubt. At this point, many of us felt lost and confused. We felt **different**. Upon working this step, we affirmed our surrender to the

principles of NA. Only after surrender are we able to overcome the alienation of addiction. Help for addicts begins only when we are able to admit complete defeat. This can be frightening, but it is the **foundation** on which we built our lives.

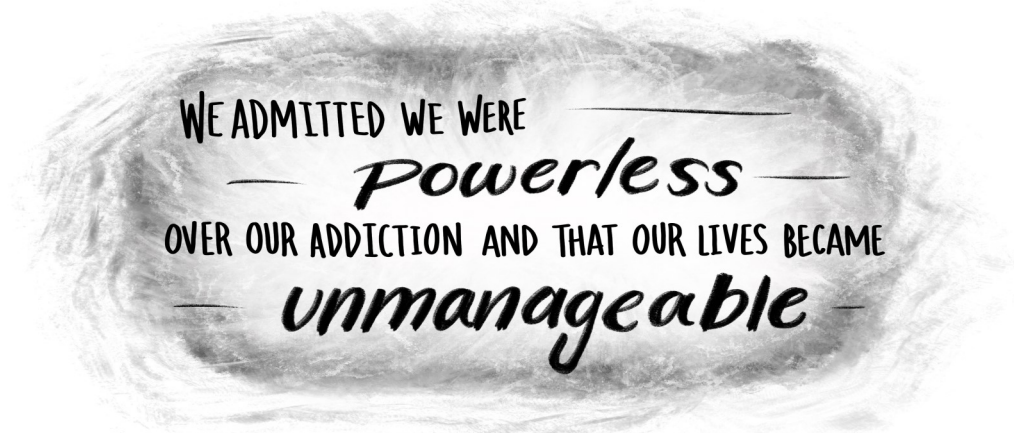
Step One means that we do not have to use, and this is a great **freedom**. It took a while for some of us to realize that our lives had become unmanageable. For others, the unmanageability of their lives was the only thing that was clear. We knew in our hearts that drugs had the power to change us into someone that we didn't want to be.

Being clean and **working** this step, we are **released** from our chains. However, none of the steps work by magic. We do not just say the words of this step; we learn to **live** them. We see for ourselves that the program has something to offer us.

We have found **hope**. We can learn to function in the world in which we live. We can find meaning and purpose in life and be **rescued** from insanity, depravity and death.

When we **admit** our **powerlessness** and inability to manage our own lives, we open the door for a **Power** greater than ourselves to help us. It is not where we were that counts, but where we are going."

— 6th Edition Basic Text



A L E J N B O A J Y E S Y G D S B E E X F N Z F P
J Y K M E C F H B E C T C C R E G A P D C K O B Q
V G N I K R O W M B I S X I L N U F O K S U W C L
Q C L M E S Q V S L O T C P A E D C H R N A R O S
G H C E X J D F I A H E T H R P A B S D M I J O O
O P D Q O H R B Y F C P C R L B S N A E A T G B O
B O J H N I A M P C V O V J O B D T L L R N H D S
M V U E I T D S D A Y N F C D G I R V Y Z E E I O
W K E E P S Y E A Y R E F X R O Y K P A R R A B H
F R X E V Q T P U K K B Z Q N O I B U B H E D C A
N X C X H I B R J D T I P X Y L G H M C R F M Y Z
K C S G N X L I G T B O K K I H B O R E V F I F D
A L C U I D T N P O W E R L E S S N E S S I T L T
C U E P Z E W C F E P K W I V Z N D I G S D U W L
N R N C B X P I R U P Q Z I M N F K W S V C Q E L
N O Q M K H S P F J F O Y P L O R J K D E H O M D
Z C I H A T B L H L F F F R S L K C D K E E T E L
Y Y C T G N I E X L Y G M A P N I A J R Z Z U U R
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X F M Y A V D C E H W X H U N C A C C E P T R Y G
E M J Q O D D D H A A W W K R A E F S S W J N Q I
J L E F T M V Z A C B P K W Y Y X B P L C O F P F
Z A H X Q B J L B R E L E A S E D X V F M U X G X
W T M C Y Z R A B C Y M E W F O D Q A V J D G H X

← the bolded words are your word bank for the wordsearch!