



Clean Times News

Temecula - Hemet - Lake Elsinore - Murrieta - Morongo -
Banning - San Jacinto - Canyon Lake - Idyllwild - Anza

August 2025

Southwest Area of Narcotics
Anonymous

**Solid Recovery: Stories and articles
to enhance our well-being**

Please text your birthdays,
stories, or ideas to Angela S. at
(951)-526-6260



Clean Time Celebrations:

Congratulations to all of you!

Preston M. 1 Year

Angela S. 1 Year

Dan U. 11 Year



NARCOTICS ANONYMOUS
PRESENTS

TUBE FLOAT

HOSTED BY RECOVERY ON THE RIVER

SATURDAY, SEPTEMBER 13, 2025
STARTS AT 9AM
LOCATION: PATRIA FLATS PARKER, AZ

EVENT TO INCLUDE:
TUBE FLOATING
FOOD
RAFFLE
SPEAKER

EVENT TO INCLUDE:
TUBE FLOATING
FOOD
RAFFLE
\$5 FOOD DONATION

CONTACT ACTIVITIES CHAIR FOR MORE INFO:
SHYLO 760-676-7670

The law of reciprocity

Whatever you give away today, or think or say or do, will multiply about tenfold, and then return to you. It may not come immediately nor from the obvious source, but the law applies unfailingly through some invisible force. Whatever you feel about another, be it love or hate or passion, will surely bounce right back at you in some clear or secret fashion.

If you speak about someone a word of praise or two, soon tens of other people will speak kind words to you. Our thoughts are products of the soul, not secrets of the brain, kind ones bring us happiness, petty ones untold pain. Giving works as surely as reflections in a mirror, if hate you send, hate you'll get back, but loving brings love nearer.

Remember as you start this day and duty crowds your mind, that kindness comes so quickly back to those who first are kind. Let that thought and this one direct you through each day... The only things we ever keep, are the things we give away.

Remember, the law of reciprocity has a divine boomerang effect and reminds you to reflect in your life of how you have acted to others and then honestly analyze how you have been treated. When you see the results, you will then know how to act.

Unity begins with U-N-I; when one of us is missing both of us will die, so don't let the life NA gave you keep you from Service to NA.

-Anonymous

Be there at 9am don't miss out!





ACTIVITES HELP IS NEEDED!



The Southwest Area Activities committee is in need of Your help! On Saturday, August 2nd, the SWANA Activities committee met at the Sun City Family restaurant (26824 Cherry Hills Blvd. Sun City 92586) at 10 AM. All of the trusted servants stepped down from their positions. Brian (the Southwest area chair) is currently the interim Chair/Vice-Chair/ & Treasurer of the SWANA Activities sub committee. I, Wendy M., am currently the interim secretary.

I'm taking this month to pray about next steps before I commit.

Please join the activities committee on September 6th starting at 10AM (the first Saturday of the month) at the Sun City Family restaurant (26824 Cherry Hills Blvd. Sun City 92586) at 10 AM. There is no time requirement to be on the activities committee as a member. All are welcome! To alleviate any confusion, it must be said that members do have to attend 2 consecutive meetings in order to vote on motions made during an activities meeting.

That is not to say that ALL ideas are not welcomed and I would like to be clear that anyone attending can present motions.

At our meetings we collaborate to create events for our area where addicts can see that there is life to be lived in recovery and new relationships to be formed! Let's create an atmosphere of unity in our area where we can recover together and where no addict ever need die to this disease! Please do not let this time and place deter you from attending. If this time/place do not work for you, come to the next meeting and suggest a time/place that might work better for you. Thank you in advance for bringing your ideas to this upcoming subcommittee meeting on September 6th at 10AM at the Sun City Family restaurant (26824 Cherry Hills Blvd.

Sun City 92586)

-Wendy M.

The Arrid Club Extravaganza!

The cornhole winners were

1st Place Mike C.

2nd place: Pete

3rd Place: Mike A.



EGO

The difficulty in admitting powerlessness over any situation or life circumstance is a burning desire on the part of ego (or lower self) to be in control. Our addiction has us almost unconsciously ruled by a mind-set of extreme separateness and attack, a condition of mental isolation in which we look upon the world through condemning eyes, paranoia, judgement, and anger. This condition throws us into a state of war with the world and at war with ourselves. It cripples spiritual growth with guilt and fear of the world around us. I want to be the one responsible for change and my ego masks the "" by allowing me to give the credit to God after I've made all the decisions.

-Anonymous

TRADITION 12 - ANONYMITY

Anonymity is essential in preserving the stability of our fellowship, making personal recovery possible. Recovery is a delicate thing. It grows best in a stable, supportive environment. Each of us and each of our groups plays a part in maintaining that stability. Our unity is so precious that, given a choice between fulfilling our wishes and preserving our fellowship's common welfare, we put the best interests of NA first. We do this not only out of enlightened self-interest but out of our sense of responsibility to our fellow addicts. The principle of NA unity comes before the fulfillment of our personal wishes.