



# Clean Times News

Temecula - Hemet - Lake Elsinore - Murrieta - Morongo - Banning - San Jacinto - Canyon Lake - Idyllwild - Anza

July 2023

Southwest Area of Narcotics  
Anonymous

## Solid Recovery: Stories and articles to enhance our well-being.

The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away.

## Clean Time Celebrations

Please Send in your information and let's **Celebrate all Milestones.**  
Congratulations to All. swanacleantimes@gmail.com



**One Year**  
Ernie



**Multiple Year's**  
Dan 9 years  
Stephen G. 28 years



## Southwest area's addict's stories of recovery

*Our purpose aligns in the realm of unity.  
With compassion and empathy, we are a community,  
Assisting addicts, we extend a helping hand,  
Mending shattered dreams, together we'll stand.*



*No judgment shall cloud our path to restore,  
Principles guide us, kindness a core.  
Fellowship and love, a refuge we'll form,  
Embracing addicts, their burdens transform.*

*United, we'll break the chains that confine,  
Offering hope, in spirit divine.  
In this journey, we'll climb with each opportunity.  
Transforming our lives through guidance of unity.*

*Together, we'll mend what addiction has torn,  
For the common welfare, our purpose reborn.  
In unity's embrace, we'll heal and ignite,  
A future of recovery, shining ever so bright.*



## Unity Day was an incredible event!

*With amazing weather and a turnout beyond expectations. The BBQ was sizzling with tasty hamburgers and hot dogs non-stop, generously provided for free to ensure that no one left hungry. There were raffles, horseshoes, bubbles, lawn games, side dishes and sweet treats enjoyed by all during the fellowship of the day. One of the many highlights was the Chili Cook-Off, where participants showcased their skills with a variety of entries that tantalized taste buds and ignited friendly competition. Adding to the excitement was a hilarious pie eating contest that brought out the competitive spirit in both participants and spectators alike. Laughter and cheers filled the air as young and old eagerly demolished (or picked at) their pies, all in good fun and camaraderie.*

*Finally, Unity Day provided a platform for two incredible speakers, whose stories of resilience and triumph over addiction inspired and motivated the audience. Their words resonated deeply with everyone present, serving as a reminder of the strength and support that can be found within a community dedicated to recovery.*

*It was an unforgettable celebration of fellowship, perseverance, and the power of community, leaving all attendees with a renewed sense of hope and determination.*

## ***The Twelve Traditions of Narcotics Anonymous***

12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place *principles before personalities*.

...Our common welfare **depends upon our unity**. The only hope we have of maintaining that unity amidst *the tremendous diversity* we find in Narcotics Anonymous is by the application of certain common principles: those found in the Twelve Traditions. So long as we place the practice of those common principles before the exercise of our individual personalities, all will be well.

*Pg. 158 It Works How and Why*

**James P. Kinnon (5 April 1911 - 9 July 1985, commonly known as Jimmy Kinnon or "Jimmy K.")**

...was the co-founder of Narcotics Anonymous (NA), an international association of recovering drug addicts. During his lifetime, he was usually referred to as "Jimmy K." due to NA's principle of personal anonymity on the public level. He never referred to himself as the founder of NA, although the record clearly shows that he played a founding role.

**Santa Monica speaker meeting 1982:**

"That's one of the things I like about this program, we always have a choice"

"Talk to the guy that's shaking so goddamn bad or the gal that's shaking so bad that they can't sit here, even on their hands. You know? That's where I learned what this program is all about."

**"I remember when I made my first meeting, how afraid I was."**

"The most important thing to me of course, when I speak to anyone, is basically the steps."

"When we discuss the steps to any great length I think all we do is complicate them. And make them harder to understand and harder to work."

**"The steps are everything in my life today. I don't have to consciously work them, but I have to work them."**

"This program becomes such a part (of you) after a while that you work it naturally."

**"There's times when I feel that I'm not making contact with newcomers enough"**

"I'm going to be around here for a long, long time. So you're going to have to put up with me. Because I'm not going to leave. And I hope that you hang around too. Because maybe... maybe if we all stick together we will find unity in this program. We will learn how **to apply the Traditions which is the only thing that will make the Fellowship grow**. And we will be able to carry the message to every corner of the earth."

**"You are the program. You're the only program that some people will ever see."**

"...The wish or desire to remove the drugs from our lives may be fulfilled one way or another, but cleanliness is short lived if no action is taken to alter or renew the character disorder that is left. A clean life is not just a substitute for the old way, it should be a new way based in the superiority of being clean over any other way of life."

"Every member of Narcotics Anonymous is needed in some way. **"We no longer have to be alone"**

I hope you all enjoyed this issue of the Clean Times Newsletter.

*Brian S.*

Editor.